

MULLIGAN™

REFERENCE LIST

LAST UPDATE: JUNE 2024



Reference lists have been prepared concerning indexed articles focusing on the Mulligan Concept. These lists are updated regularly. The last update was in June 2024.

REFERENCE LIST



INTRODUCTION

This document contains the references pertaining to the Mulligan Concept™ of manual therapy, most recently updated after a literature search in early 2024. There are 426 references in total. This number continues to grow year by year as more and more research about the Mulligan Concept™ is performed and published.

It is organised in four ways; firstly by study type, secondly by body region, thirdly alphabetically according to the lead author, and finally every article is referenced in order of year of publication.

A table of contents has been included with hyperlinks to the appropriate section of the document. Additionally, doi codes have been included for many articles with hyperlinks and will lead directly to the article as published on the internet.

The latest edition of each of the Mulligan Concept™ textbooks have been placed in the general section. Individual book chapters within these texts covering specific body regions exist but have not been individually referenced, such as the chapter long case studies in “Mobilisation with Movement: The Art and the Science” by Vicenzino et al. Apart from these texts, all other references are published journal articles relating to the concept.

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